

Field Work

As a professional development course, the Institute attaches great importance to fieldwork. Rigorous fieldwork is expected to integrate theoretical experience with practice and facilitate the learner to acquire hands-on experience of working with children and child-related systems. It aims to develop skills in assessment and undertaking counseling, psychosocial interventions, and developmental group work with children and adolescents.

The Field work also focuses on developing skills in designing and undertaking mental health intervention with children through collaborative processes with key stakeholders in the community. The students also undertake the study of school and children's Institution from the system and 'Rights' perspective. This facilitates the students to plan milieu specific mental health program for children.

The fieldwork programme involves arduous work. Three days in a week the learners has to carryout field based assignment in an institution, School and Clinic for their case studies.

Clinical Supervision

Personal and professional growth of the student is supported through an intensive process of clinical supervision that is undertaken individually as also in small groups. This provides opportunities for guided Interactions between students and supervisors. The supervisor facilitates the students to gain insights into themselves; their skills and personal attributes that are critical in developing skills in assessment and counselling interventions

EVALUATION

Equal weightage is given to theory and fieldwork assessment. The overall evaluation is for 1800 marks with 900 marks assigned for theory papers and another 900 marks for fieldwork.

Annual Examinations are conducted by University. The ratio for internal and external evaluation is 40:60. Minimum marks required to pass the examination are 50 percent for theory, 50 percent for fieldwork and 50 percent in the aggregate.



5 Siri Institutional Area Hauz khas
New Delhi 110016

Advanced Diploma in Child Guidance and Counselling

**One year
Regular
Fulltime
Professional
Development
Course:** 56 Credits

Provides professional and personal growth opportunities, for those wanting to work with children and child related systems, to facilitate children actualize their potential.

Eligibility: Post Graduation in Social Work/ Psychology/ Education/Human Development/ Community Resource Management/Development/ Nursing/ Communication Extension/ Special Education from recognized University.

Certified by
Rehabilitation Council of India

Since 2005

OBJECTIVES

Enable the learner to explore and evolve attitudes, values, and beliefs that facilitate working with children as mental health professionals.

Facilitate learner to acquire knowledge and understanding of theoretical constructs and socio-cultural perspectives in the context of counseling.

Develop skills in learner to plan, provide and monitor counseling interventions for children and child-related systems.

Develop skills in learner to mobilize resources and network & collaborate with stakeholders.

Skill Oriented Course

212 Contact Days 47 days of Internship to further hone skills in mental health settings

Core Papers

Child Development
Exceptional Variations in Child Development
Techniques of Child and Adolescent Assessment
Child Rights and Policy
Group work and Community Interventions.
Family Interventions
Interventions with Children
Interventions with Adolescents
Integrating Interventions
Internship

Course Structure

The course is designed to cover key components related to the 'Developmental', 'Ecological' and 'Rights' perspective to provide the basic thread in understanding and in applying theoretical constructs and skills for working with children and their families in Individual, Group and Community

The Course emphasizes development of competencies in

Assessing children and their contexts.

Conducting individual interventions for children with different psychopathologies.

Conducting developmental and therapeutic group interventions with children & adolescents.

Designing need-based & milieu-specific mental health programs in schools & communities.

Skill Workshops and Skill Laboratories

Experiential learning methodology that places emphasis on concrete experiences, reflective observations, abstract conceptualizations and active experimentation is the dominant mode adopted for developing skills.

Theoretical Expositions and Assignments

Theoretical grounding by professionals from the field is an integral part of the transaction of the program. The assignments developed for the students enable them to bring out their perspectives related to the topic. The analysis of the topic helps in integrating various views to develop holistic understanding